

SYLLABUS OF PSYCHOLOGY
CLASS XI (2022-23)

S.N.	UNIT	NAME	MONTH	EXAM/TEST
1.	1	What is Psychology?	Aug 2022	
		1. Introduction 2. What is Psychology? <input type="checkbox"/> Psychology as a Discipline <input type="checkbox"/> Psychology as a Natural Science <input type="checkbox"/> Psychology as a Social Science 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology 5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Psychology and Other Disciplines 9. Psychology in Everyday Life		
2.	2	Methods of Enquiry in Psychology	Sep 2022	
		1. Introduction 2. Goals of Psychological Enquiry <input type="checkbox"/> Steps in Conducting Scientific Research 32 Periods <input type="checkbox"/> Alternative Paradigms of Research 3. Nature of Psychological Data 4. Some Important Methods in Psychology <input type="checkbox"/> Observational Method <input type="checkbox"/> Experimental Method <input type="checkbox"/> Correlational Research <input type="checkbox"/> Survey Research <input type="checkbox"/> Psychological Testing <input type="checkbox"/> Case Study 5. Analysis of Data <input type="checkbox"/> Quantitative Method <input type="checkbox"/> Qualitative Method 6. Limitations of Psychological Enquiry 7. Ethical Issues Practical: Project work on allotted topics		WRITTEN TEST-1 SYLLABUS: Ch1: What is Psychology?
3.	4	Human Development	Oct 2022	
		1. Introduction 2. Meaning of Development <input type="checkbox"/> Life-Span Perspective on Development 3. Factors Influencing Development 4. Context of Development 5. Overview of Developmental Stages		

		<input type="checkbox"/> Prenatal Stage <input type="checkbox"/> Infancy <input type="checkbox"/> Childhood <input type="checkbox"/> Challenges of Adolescence <input type="checkbox"/> Adulthood and Old Age		
4.	5	Sensory, Attentional and Perceptual Processes	Oct/Nov 2022	
		1. Introduction 2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities <input type="checkbox"/> Functional limitation of sense organs 5. Attentional Processes <input type="checkbox"/> Selective Attention <input type="checkbox"/> Sustained Attention 18 Periods 6. Perceptual Processes <input type="checkbox"/> Processing Approaches in Perception 7. The Perceiver 8. Principles of Perceptual Organisation 9. Perception of Space, Depth and Distance <input type="checkbox"/> Monocular Cues and Binocular Cues 10. Perceptual Constancies 11. Illusions 12. Socio-Cultural Influences on Perception Practical: Experiment 1 on Verbal Learning		
5.	6	Learning	Nov 2022	
		1. Introduction 2. Nature of Learning 3. Paradigms of Learning 4. Classical Conditioning <input type="checkbox"/> Determinants of Classical Conditioning 5. Operant/Instrumental Conditioning <input type="checkbox"/> Determinants of Operant Conditioning <input type="checkbox"/> Key Learning Processes 6. Observational Learning 7. Cognitive Learning 8. Verbal Learning 9. Skill Learning 10. Factors Facilitating Learning 11. Learning Disabilities		
6.	7	Human Memory	Dec 2022	
		1. Introduction 2. Nature of memory 3. Information Processing Approach: The Stage Model 4. Memory Systems: Sensory, Short-term and		Half-yearly Exam Syllabus: Units 1,2,4,5

		<p>Longterm Memories</p> <p>5. Levels of Processing</p> <p>6. Types of Long-term Memory</p> <ul style="list-style-type: none"> <input type="checkbox"/> Declarative and Procedural; Episodic and Semantic <p>7. Nature and Causes of Forgetting</p> <p>19 Periods</p> <ul style="list-style-type: none"> <input type="checkbox"/> Forgetting due to Trace Decay, Interference and Retrieval Failure <p>8. Enhancing Memory</p> <ul style="list-style-type: none"> <input type="checkbox"/> Mnemonics using Images and Organisation <p>Practical: Experiment 2 on Motivation</p>		
7.	8	Thinking	Jan 2023	
		<p>1. Introduction</p> <p>2. Nature of Thinking</p> <ul style="list-style-type: none"> <input type="checkbox"/> Building Blocks of Thought <p>3. The Processes of Thinking</p> <p>4. Problem Solving</p> <p>5. Reasoning</p> <p>6. Decision-making</p> <p>7. Nature and Process of Creative Thinking</p> <ul style="list-style-type: none"> <input type="checkbox"/> Nature of Creative Thinking <input type="checkbox"/> Process of Creative Thinking <p>8. Thought and Language</p> <p>9. Development of Language and Language Use</p>		
8.	9	Motivation and Emotion	Feb 2023	
		<p>1. Introduction</p> <p>2. Nature of Motivation</p> <p>3. Types of Motives</p> <ul style="list-style-type: none"> <input type="checkbox"/> Biological Motives <input type="checkbox"/> Psychosocial Motives <p>4. Maslow's Hierarchy of Needs</p> <p>5. Nature of Emotions</p> <p>6. Expression of Emotions</p> <ul style="list-style-type: none"> <input type="checkbox"/> Culture and Emotional Expression <input type="checkbox"/> Culture and Emotional Labelling <p>7. Managing Negative Emotions</p> <p>8. Enhancing Positive Emotions</p>		
9.		Revision	Feb 2023	
10.		Annual Exam	Feb/ Mar 2023	Complete syllabus